



# THE MULTIDISCIPLINARY CONFERENCE 2025

**WEDNESDAY 12 NOVEMBER 2025 | 08.45 - 16.30**

Leicester Racecourse | Oadby | LE2 4AL

## PROGRAMME

TIME	SESSION
08.45 - 09.15	<b>Registration</b>
09.15 - 09.25	<b>Introduction and Welcome</b> - Dr Krishan Patel and Nick Hurst
09.25 - 09.45	<b>LLR Training Hub - How we can support you in your role</b> - Ruth Waddington, Chief Operating Officer
09.45 - 10.15	<b>Update from ICB</b> - Professor Nil Sanganee, Chief Medical Officer - LLR ICB
10.15 - 11.00	<b>Demystifying the Health and Wellbeing Board</b> - Abbe Vaughan, Frances Hinton and Sharon Mann <b>A day in the life of the Local Authority Public Health Department</b> - Joshna Mavji, Assistant Director of Public Health (Leicestershire County Council)
11.00 - 11.30	<b>Refreshment Break and Networking</b>
11.30 - 12.30	<b>Wellness by Maria Martinez</b> <ul style="list-style-type: none"> <li>• I didn't wait for permission – what happened when I backed myself to serve others?</li> <li>• Burnout's not a badge: here's the alternative</li> </ul>
12.30 - 13.00	<b>Inspiring a new generation of leaders</b> - Jessie Walker
13.00 - 13.50	<b>Lunch and Networking</b>
13.50 - 13.55	<b>Welcome Back</b>
13.55 - 14.55	<b>Empathy as Medicine: Evidence-Based Communication That Works</b> - Professor Jeremy Howick
15.00 - 15.20	<b>Refreshment Break</b>
15.20 - 16.20	<b>Cultivate Confidence and Banish Imposter Syndrome</b> - Helen Garr, NHS Practitioner Health
16.20 - 16.30	<b>Close and Evaluation</b>

**LLR Training Hub presents...**



## **THE MULTIDISCIPLINARY CONFERENCE 2025**

**WEDNESDAY 12 NOVEMBER 2025 | 08.45 - 16.30**

**Leicester Racecourse | Oadby | LE2 4AL**

**THANK YOU TO OUR SPONSORS FOR SUPPORTING THIS EVENT!**

Please note the event is being sponsored through purchase of stand space only.  
The sponsors have not had input into the educational element or sourcing of speakers.

- Pfizer
- Thermofisher
- Active Together
- Viatris
- Exeltis
- Boehringer Ingelheim Ltd
- Abbott
- Glenmark Pharma
- Gedeon Richter
- Chiesi
- LLR PCL
- LLR Mind
- LLR VITA Health Group
- Accurx

**AND THANK YOU TO ALL OUR SPEAKERS!**