



Thursday 26 June 2025

Holywell Conference Centre, Loughborough

MORNING PROGRAMME

Time	Session
08.30-09.00	Registration, Refreshments and Networking
09.15-09.30 Turing (GF)	Welcome & Introduction Dr Adam Mulla and Dr James Waldron
09.30-10.15 Turing (GF)	Keynote Speaker 1 - Professor Margaret Ikpoh, Vice-chair of RCGP The Heart of Leadership: Lead with Purpose. Live with Passion
10.20-11.10	Workshops (Round 1)
A Stephenson (GF)	Balance, Boundaries and Burnout Dr Ed Pooley
B Kelvin (FF)	How to find a practice you'll love and how to make them love you Dr Tushar Shamji and Dr Ebrahim Mulla
C Arkwright (FF)	Pensions Greg Povey
D Brunel (FF)	Our Journey into Digital with the Shuri Network Lisa Salmon, Sherraine Harris and David Farrell
11.15-11.45	Break and Networking
11.45-12.35 Turing (GF)	Keynote Speaker 2 - Professor Jeremy Howick Empathy as a blockbuster drug
12.35-12.40 Turing (GF)	Summarise morning session Dr Adam Mulla and Dr James Waldron
12.40-13.30	Lunch and Networking

GF – Ground Floor

FF – First Floor

Scan the QR code
to view the speakers' biographies.
Alternatively, [click here](#)





Thursday 26 June 2025

Holywell Conference Centre, Loughborough

AFTERNOON PROGRAMME

Time	Session
13.30-13.45 Turing (GF)	Welcome Back Dr Adam Mulla and Dr James Waldron
13.50-14.40	Workshops (Round 2)
E Kelvin (FF)	Understanding and Negotiating Your Contract James Pell and Claire Harriman
F Brunel (FF)	Thriving, not just surviving as an early career GP Dr Daniel Crowfoot and Dr Angela Chandrasena - Phoenix Programme
G Stephenson (GF)	Financial Planning Greg Povey
H Arkwright (FF)	Just Do It – Easy Ways to Enhance Empathy in the Consultation Professor Jeremy Howick
14.40–15.00	Break
15.00-15.50	Workshops (Round 3)
I Brunel (FF)	Communication Challenges with Colleagues & Assertiveness Training Dr Ed Pooley
J Arkwright (FF)	Interview techniques: why me, not them Laura Norton / Dr Kirk Moore
K Kelvin (FF)	Understanding your Practice Income Philippa Guy
L Stephenson (GF)	Introduction to lifestyle medicine for GPs Dr Asiya Maula
15.55–16.45 Turing (GF)	Keynote Speaker 3 - Dr Saqib Anwar Leading Without a Map: Real Lessons from a GP in Motion
16.45-17.00 Turing (GF)	Poster Competition winners and Close Dr Adam Mulla and Dr James Waldron
17.00-18.00	Networking and Social

GF – Ground Floor

FF – First Floor



Thank you to our sponsors for supporting this event!

This meeting from **8.15am – 5.00pm** is being sponsored by the companies below through the purchase of **stand space only**. The sponsors have not had input into the educational element or sourcing of speakers. No pharma sponsorship money is going towards funding of any competition prizes or the social (drinks/canapes) and not linked to any promotion.

Pfizer
Dermal
Astrazeneca
RUS Accounting
Glenmark Pharmaceuticals
Kneeton Healthcare
Astellas Pharma Ltd
Cameron Fund
LLR LMC

GP Financial
AbbVie Ltd
BMA
GSK
Chiesi
L'Oreal
Thermofisher
MDU
Idorsia

We would also like to thank...

RCGP

All the East Midlands Training Hubs

And our speakers!

We hope you enjoy the day!!!