

# Cardiovascular Disease Conference 2026

## For Healthcare Professionals

*Managing cardiovascular disease in Primary and Community Care*

**Tuesday 3 February 2026 | The Venue@DMU**

### Programme - Afternoon Session

Time	Session
15:30 – 16:00	<b>Welcome &amp; Registration</b> LLR Training Hub and De Montfort University Team
16:00 – 16:15	<b>Conference Opening:</b> Professor Amit Bharkhada, LLR Training Hub and Prof Sudip Ghosh, Professor of Medicine and Education, De Montfort University
16:15 – 17:00	<b>Taming the Silent Risks: Hypertension and Lipid management in Cardiovascular Prevention</b> Dr Rajesh Chelliah, Consultant Cardiologist, University Hospitals Leicester
17:00 – 17:30	<b>Whole hearted: Lifestyle Medicine for a Healthy Heart</b> Dr Sita Thakrar, GP with special interest in Lifestyle Medicine
17:30 – 18:30	<b>Dinner and Networking</b>
18:30 – 19:00	<b>Interpreting the Echo: A Primary Care Perspective</b> Dr Sanjay Bhandari, Consultant Cardiologist, University Leicester Hospital
19:00 – 19:40	<b>Optimising Heart Failure Management in the Community: Learning from Cases</b> Dr Ian Loke, Consultant Cardiologist, UHL and Louise Clayton, ANP with interest in heart failure
19:40 – 19:55	<b>Cardiology primary care referral pathways</b> Dr Arshad Khalid, ICB LTC Clinical Lead
19:55 – 20:00	<b>Transforming Cardiovascular Care: A 10-Year Health Plan Commitment</b> Pallavi Dawda, Deputy Director CVD-Respiratory Programme, NHS England
20:00 – 20:15	<b>Cardiovascular disease Quiz</b> Nirali Sisodia and Nadine Hall
20:15 – 20:30	<b>Closing remarks and Acknowledgments</b> Professor Amit Bharkhada, LLR Training Hub

*This event is being sponsored please refer to page 2 for details.*

# Thank you to our sponsors for supporting this event!

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## And thank you to all our speakers!