

GP Fellowship Programme

Leicester, Leicestershire & Rutland



GP Fellowship Programme:

Introduction and Overview

Welcome to the Leicester, Leicestershire and Rutland (LLR) GP Fellowship Programme, which is the local offer of the fellowship scheme launched nationally by NHS England.

The GP Fellowship scheme provides a wraparound programme of learning, development and support, with opportunity to contribute to PCN projects through a portfolio role approach.

This is a transitional programme to ease the move from being a GP trainee to becoming a fully-qualified, independently practising GP.

The aim is to contribute to the personal and professional development of the individual, for a happy, healthier life as a GP in LLR.

Who is it for?

The GP Fellowship scheme is open to any newly qualified GPs who:

- qualified within the last 12 months (rolling)
- is employed in Leicester, Leicestershire and Rutland in a substantive post

Duration:

2 years (option to pause for maternity/paternity leave)



GP Fellowship Programme:

Benefits of the Scheme

- Access a 2-year programme of support, education, and networking
- Be paid to learn via a comprehensive CPD programme (1 paid CPD session per week, reimbursed at your sessional rate plus an additional 30%)
- Receive one-to-one mentorship with an experienced GP Mentor
- Career Coaching and a Funded Clinical Leadership programme
- Portfolio-working opportunities and innovative employment models
- Personal growth and development via a Peer Support Group

Framework:

The Framework is divided into three themes:

- **Support and Networking:** Induction, GP Mentorship, Coaching and Peer Support
- **Learning and Development:** Practice Management, Leadership, Quality Improvement, Mentoring, Supervision and Coaching Skills
- **Portfolio Working:** Opportunities for experience and integrated working



GP Fellowship Programme:

Year One

Support & Networking:

- Supporting your transition from GP training to a working GP.
- Build local supportive relationships with GP and specialist colleagues, peers and experienced educators.
- Connect with likeminded GP Fellows from across the 2-year programme and Midlands-wide.
- Benefit from the provision of a formal Fellowship Programme induction package and an introduction to the LLR Integrated Care Board.
- A guaranteed place at our annual East Midlands Early Years GP Conference, featuring a host of world class speakers and developmental workshops.

Learning and Development:

- Be paid to attend our weekly clinical and non-clinical CPD sessions featuring local consultants, educators and nationally known authors and commentators.
- Attend our bespoke half-day education sessions scheduled throughout the year.
- Enjoy priority access to our Training Hub education and events programme via easy access through our interactive Events Calendar.
- Develop your clinical leadership skills via our bespoke Leading-Beyond programme and develop your QiP ideas in a supportive forum.
- Foster your work / life-balance and time management skills by attending our annual Shapes Toolkit Workshop (delivered by Rachel Morris's team: 'You're Not A Frog')



GP Fellowship Programme:

Year One

Mentorship:

- 1 hour per month of mentorship with an experienced GP mentor.
- In-practice, on the ground, day-to-day mentorship via a lead clinician within your practice.

Peer Support:

- Engage with your Fellowship colleagues by participating in your cohorts Peer Support Group. Share knowledge, experience, ideas and worries in this safe, confidential environment in which you make the rules.
- Sign up to our Fellowship and First5 WhatsApp group and connect remotely with your colleagues in real-time.

Portfolio Working:

- Enjoy the benefits of our LLR portfolio working opportunities and develop your perfect working week with our help.
- Benefit from the Training Hub's connections with our local universities, hospital trust, hospices and the Integrated Care Board teams to generate portfolio career ideas.



GP Fellowship Programme:

Year Two

Support & Networking:

- Continue to build on your confidence as a GP with the support of the LLR Training Hub, the GP Fellowship Programme and you peer connections.
- Nurture the professional relationships forged within year 1 of the programme and watch them flourish and bear fruit.
- Continue to establish yourself within your practice, develop your voice and embed yourself within your local Primary Care Network.
- Career Coaching replaces the Mentorship Programme, enabling you to contemplate and develop a career vision. 6-sessions will be available to you at a time of your choosing.

Learning & Development:

- Continue to add to your library of knowledge via continued access to our dynamic CPD programme.
- Learn about the nuts and bolts of how a GP practice runs, including a detailed insight into practice finances, the NHS Pensions Scheme, and business development.
- Foster your curiosity around the opportunities for practice and organisational innovation within the local NHS.
- Develop coaching, mentorship and teaching skills of your own with our support.
- Spring is conference season and again, enjoy priority access to our ever-growing 'Inspire, Innovate and Network' Midlands-wide event.



GP Fellowship Programme:

Year Two

Portfolio Working:

- Check out the opportunities available within your Primary Care Network and hone your Leading-Beyond leadership skills to allow you to shine in a new roll.
- Fine-tune your perfect working week and banish those Monday-blues with a fulfilling, varied and enriching working week.



GP Fellowship Programme:

Information for Practices

Benefits to Practices/PCN/Federation teams:

- An attractive GP recruitment and retention opportunity, supported by the LLR training hub.
- Future-proof your workforce with a resilient cohort of GPs.
- GP Fellows supported during their first 2 years in the workforce by programmes of mentorship, coaching, education, leadership, practice management and peer networking.
- Quality Improvement work delivered by enthusiastic GP Fellows.
- Newly qualified GPs (within 1 year of CCT).
- A solution to GP portfolio working focused on local health population needs and DES deliverables.
- Grow-your-own clinical leaders of the future, facilitated by a funded leadership programme.
- Innovate with GP Fellow employment models.



GP Fellowship Programme:

What our Current Fellows say about the Scheme...

"A great programme for newly qualified GPs with a plethora of clinical and non-clinical CPD events, great for leadership, networking, and personal and professional development - Phil and Lisa have been great and very supportive!"

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"I have found the fellowship very helpful for my first year post CCT. Whilst helping to connect to other newly qualified GPs, the CPD sessions have also been very relevant and valuable. It has definitely helped ease the transition"

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"I've been really impressed with the quality of the educational programme which is available for all fellows. Additionally, the leadership and management sessions, peer support and mentorship have all helped me find my way through the first 6 months post qualification. There is a huge jump between being a GP trainee and starting as a salaried GP and I have found the programme amazingly supportive in helping me deal with this challenge effectively."

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"Excellent programme, have learnt a lot about various areas of GP and come across many inspiring people in the process"

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GP Fellowship Programme:

How to apply?

For more information on the **GP Fellowship Programme**, visit our website or contact us at llrtraining.hub@nhs.net

To apply for the programme as a potential GP fellow, please contact us via the above address for an application form.

